



Dyslexia Outreach
SERVICE

Steps on how to spell a word



1. Say the word. (cat)
2. Sound out the word using your fingers. (Segment the word)
Use your left hand, starting with your thumb. Say the sound as you touch the tip of each finger.
3. What is the first sound in the word? What is the next sound or vowel sound in the word? What is the last sound in the word?
4. Spell the word aloud, writing the letters on your palm as you name them.
5. Write the word, naming the letters as you write them.



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OUTSIDE



Use a skipping rope to practice your spelling words. Write the words on a piece of paper or white board, etc. While looking at the word spell the word while skipping.

Use a basketball to practice. Write the word on something. You can bounce the ball while spelling the word, throw the ball back and forth to someone spelling the word or use a basketball goal.



Practice any concept by jumping on a trampoline. As you jump, spell out the word.



Use chalk and practice on a playground.





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Texture and Colour

Use pudding, corn meal, sand, salt, shaving cream, any kind of texture like sandpaper, carpet to write in/on.



Rainbow writing with crayons or paint: Write the spelling words with one colour. Next, while using a different colour, trace over the first colour while naming the letters. Repeat. Or use the Hairy Letters App



Magnetic Letters: Use plastic or magnetic letters to practice making words.

**Worlds
Best
Teacher!**

When writing the spelling words, write the vowels or vowel patterns in one colour and the consonants in another colour.



Sensory Motor Activities

Create a song or jingle to spell the spelling words. Mrs D, Mrs I, Mrs FFI, Mrs C, Mrs U, Mrs LTY.

Mrs D, Mrs I,
Mrs FFI, Mrs C,
Mrs U, Mrs LTY.
THAT SPELLS
DIFFICULTY
ROALD DAHL

Soft and Loud Activity: Looking at the list of spelling words, the child spells the word orally using soft and loud sounds. (ex: Vowels are soft sounds and consonants are loud sounds.)

Large Muscle Activity: Stomp and Thrust-Looking at the list of spelling words, the child will stomp for a vowel and thrust the arm forward for the consonants or kick a leg forward for a vowel or consonant. (Can also be used as Kung Fu punctuation)



Vowel Hop Activity: When spelling a word, the child makes a small hop in place while saying the letter.



Snap and Clap Activity: Say the spelling word. Have the child clap when they say a consonant letter and snap their fingers when they say a vowel.

